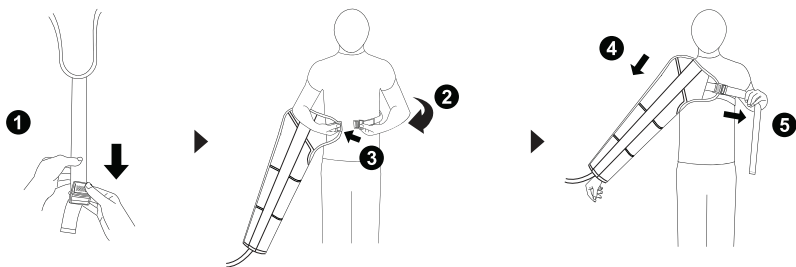


To use the Flowpression Arm Attachement, follow the steps below

- Remove the silicone plug from one air hose port.
- Insert the plug into the unused outlet.
- Connect the arm hose securely to the open outlet.
- Place the arm sleeve on your left or right arm.
- Fasten the buckle strap under the opposite armpit.
- Press the **Power Button** to turn on the unit.
- Select Arm mode on the display.
- Choose pressure between 60–200 mmHg.
- Choose program: Sequence, Circulation, or Combination.
- Set the timer between 15–60 minutes.
- Press **Start** to begin the session.
- Turn off the unit, disconnect the hose, and replace the plug after use.

How to Wear and Secure the Sleeve



- 1** Loosen the strap to its maximum length.
- 2** Wrap the strap from back to front around your body.
- 3** Insert the buckle into the clip until it locks securely.
- 4** Put your right or left arm into the sleeve.
- 5** Tighten the strap until the sleeve fits comfortably and securely in place.

WARRANTY

If your product breaks within two years from the date of the purchase due to material or manufacturing defects, Flowlife will repair or replace necessary components or the product free of charge. Flowlife AB is not responsible for warranty and return matters for products purchased from another retailer.

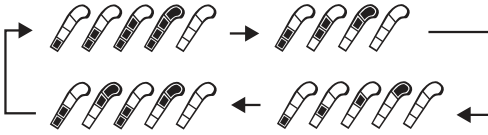
The warranty is not valid if:

- The product is damaged by improper handling, misuse, accident or transport
- The product has been subjected to unauthorized repair
- The product has not been used according to the instructions from Flowlife
- The damage exceeds the cost of the product itself
- The product deteriorated after delivery due to abnormal storage conditions
- The dated proof of purchase has not been provided

Massage Modes

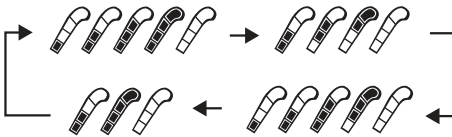
Mode 1: Sequence Mode

Chambers fill one at a time, pushing fluid from the hand toward the shoulder.



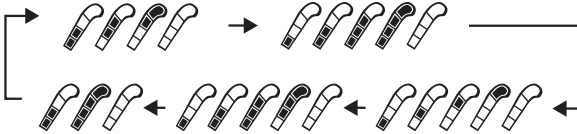
Mode 2: Circulation Mode

Rhythmic pulsing to stimulate continuous blood flow.

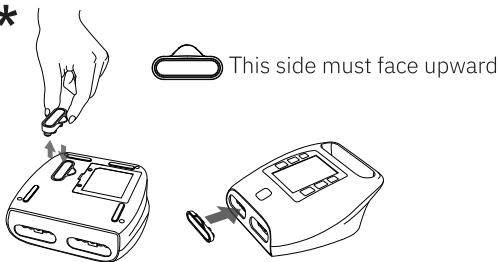


Mode 3: Combination Mode

Alternates between sequence and circulation for both drainage and pumping effect.



*



Important Safety Instructions

- * Always zip up the sleeve completely before use.
- * Never attempt to operate the system with the zipper partially or fully open.
- * If using one arm only, insert the silicone plug into the unused air outlet.
- * If the air hole is not blocked, the device will pause after 4 minutes and emit five “DI” alarms. After this, the system will automatically shut down after 2 minutes.
- * Once the plug is inserted, you may restart the device and continue normal use.